



COUPLES WORKSHOP

FACILITATED BY JULIET OGBONNA, LMSW
SUPERVISED BY DWAN MICHELLE MILAM-REED, PHD, LCSW-S

This workshop is for Committed, growth mindset couples and those who are seeking to better understand how you are showing up in your partnership . This group will focus on couples reinvigorating and/or creating shared meaning and getting back to the values that started the relationship. Skills will be taught to enhance and grow communication skills and you will both learn ways to manage conflict more constructively. You will learn and discuss family and childhood of origin issues that might be contributing to unhealthy patterns of communication with your partner.

Invest in your relationship in this dynamic, educational and experiential workshop.
Snacks, coffee, and all materials provided!

COST: \$90/WEEK
\$360 FOR ALL 4 WEEKS
PRICE IS PER COUPLE

TO REGISTER:
CALL/TEXT 832-303-8933
OR EMAIL ADMIN@JULIASCOUNSELING.COM

WWW.JULIASCOUNSELING.COM

AT WOODLANDS

SATURDAYS

1:00 - 2:30 PM

4 WEEKS

**JUNE 1ST, JUNE 8, JUNE
15, JUNE 22**